

# Bloom-Carroll Primary

December 5, 2022

"For it is in giving that we receive." - Francis of Assisi

**OUR STUDENTS · THEIR FUTURES · OUR FOCUS**

## Holiday Program

Our kindergarten and first grade students will perform on Thursday, December 8th. The performance will take place in the cafeteria at the elementary school.

The kindergarten performance will begin at 6:00 p.m.. Students can begin arriving at 5:40 p.m.. Please take your child's coat with you.

The cafeteria will be cleared and then the first graders will perform at 7:15 p.m.. Students can begin arriving at 6:55 p.m.. Please take your child's coat with you.

At the end of the program, Mrs. Pease will explain how to pick up your child. Only one parent/guardian can pick them up. Please be mindful that students will not be released until the program is over.

Our students have been working hard and we expect the adults to honor the time and listen to their songs.

Be aware that there is limited seating. Please enter the building by the cafeteria doors which are located on the side of the building by the tennis courts.

*Our staff would like to take this time to wish you and your family a Happy Holiday Season!*

*"What brings joy to the heart is not so much the friend's gift as the friend's love."*

*- St. Ailred of Rievaulx*



**DRESS FOR THE WEATHER!**

We do go outside for recess on cold days.

Vicky V. Pease

Principal

Amanda Jablonski

School Counselor

Kelly Jackson

Secretary

## Looking Ahead

### December

Interim Reports  
Can Be Viewed 2

No School for  
Students 2

**Go Bulldogs!**

Winter Break  
Begins 19

### January

First Day Back to  
School 2

Happy New Year!

### School Day

Doors open:  
8:45 a.m.

Tardy bell:  
9:00 a.m.

Dismissal:  
3:30 p.m.

Students of the Month for November

Kindergarten: Leila McKee, Max Clark

First Grade: Rowan Heimberger, Dominic Dillon

Second Grade: Brooklyn Weber, Owen Drake

Happy Birthday To You!

**DECEMBER**

Nora Brown

Blaine Boller

Ryder Barringer

Kenneth Ray

Alexander Broecker

Clifford Hambrick

Corbin Pierce

Rush Templeton

Wesley Ogg

Owen Wooten

Alexandria Pritchard

Kinsley Grimes

Addison Chambers

Cinthea Cantrell

Atlas Koehler

Caleb Kulp

McKenna Kulp

Owen Kulp

Zoe Danison

Anna Wickes

Myla Kraft

Bryden Marks

Kenley Ridenour

Maverick Parsley



Archie Welsh

Jonathan Ware

Parker Evans

Beckett Thurston

Zachary Blackwell

Emily Young

Sydney Strayer

Levi Dawson

John Dawson

Preston Patton

Walter Proctor

Lillian Schwartz

Talon Smith

Savaiya Elsasser

Leighton Allen

Brayden Wilson

Sonakshi Siwakoti

Vera McGlone

Peyton Mitchell

Wyatt Wellman

Harrison Ankrom

Garrett Morgan

Ethan Collins

Charlotte Whitcraft

Estelle Gesel

Leah Fuentes

Dallas Sollberger

Amelia Leonard

**FYI.....No School**

**Friday, January 13th,  
Teacher Workday**

**And**

**Monday, January 16th,  
Martin Luther King Jr.  
Day**



# Counselor's Corner



Hello Bloom Carroll Families!

We are wrapping up some of our lunch bunch groups and will start more the first week of December, I have sent home permission slips with students so if you have any questions feel free to reach out to me directly. The students and I discuss our whole school curriculum, The Zones of Regulation as well as emotions. We review ways to cope with our emotions and also strategies to making friends.

Sheila is continuing her adventure as the school therapy dog, trying out new classrooms and has become an incentive for some of our students. She enjoys one-on-one time with students as well as her classroom visits. Many of the students and staff have expressed gratitude for the therapy dog program and I am thrilled with the outcome thus far.

I would love for us all to have a goal for each of our students to express their emotions in appropriate ways! Our children learn a lot from us, including how we handle the way that we feel. Talking through our own emotions and how we will handle them is a great step forward in teaching our children appropriate responses to each of the emotions we have. Some ways to appropriately express our emotions are:

- Writing them down
- Talking with a trusted adult
- Recording it on a device

Please continue to have your student use positive self-talk as well as their coping skills when their emotions become “big.”

If you have any concerns about your students, I am here and ready to help in any way that I can. You can fill out the “school counselor referral form” on our school website or reach out to me directly. I am available Monday-Friday 8am-4pm via email at [amanda.jablonski@bloomcarroll.org](mailto:amanda.jablonski@bloomcarroll.org) or via telephone at (740) 756-9701. Go Bulldogs!

Amanda Jablonski, MSW LSW

School Social Worker (K-5)



It is flu season! Protect yourself and others by practicing hand hygiene, disinfecting high touch surfaces, and staying away from those with the flu when possible. Symptoms of the flu include a fever, cough, body aches, headache, stuffy nose, and fatigue. Vomiting and diarrhea may also occur but are more common in children.

With the flu, a cough often accompanies and can linger for 2-3 weeks. This can create a sore throat and uncomfortable mucus. Listed below are some remedies that are recommended by the Mayo Clinic to help with a lingering cough:

1. Drink plenty of fluids! Water and other fluids help thin the mucus in your throat which makes it easier to cough up and get rid of. Water and warm fluids such as broth can also soothe a sore throat.
2. Use a cool mist humidifier or take a warm shower. Moisture in the air also helps to loosen mucus and decrease congestion.
3. Try a teaspoon of honey before bed if older than 1 year of age. Honey includes anti-inflammatory properties and works to create a barrier on the throat to help both coughing and soreness.

#### A NOTE ON COUGH DROPS IN THE CLASSROOM

If you want to send cough drops into the school, please let your child's teacher or myself ([madison.compton@bloomcarroll.org](mailto:madison.compton@bloomcarroll.org)) know so that I can keep them in the clinic. In doing so, I can regulate the amount of cough drops given during the day and make sure that they are not shared with other students who could have potential food dye or medication allergies. Cough drops that contain menthol are medicated and require a medication form to be filled out. Please send in only lozenges as the cough drop pops/suckers are often mistaken for candy by other students. :) Thank you so much for your cooperation!

#### **A NOTE FROM THE LIBRARIAN**

**Congratulations to our November 2nd grade Bookmark Design winner, Savannah Leonard. She designed a bookmark from Eric Carle's Very Hungry Caterpillar book.**

**Need some Christmas present suggestions? BOOKS are a gift that you can open again and again. Some popular reads from our library include: Nibbles- The Book Monster (Emma Yarlett), The Sour Grape (Jory John and Pete Oswald), The Pigeon Will Ride the Roller Coaster (Mo Willems), and Diary of a Wimpy Kid Diper Overlode (Jeff Kinney).**



**Wishing you all a safe and wonderful holiday season and don't forget to read with your child over break!**

**Happy Holidays**

**Mrs. Phillips**