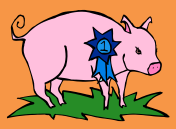
Bloom-Carroll Carb Count Menu
October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
1% White or Fat Free Chocolate Milk is included with all lunches				
			Oct. 1	Oct. 2
*Eat Breakfast in the cafeteria! *It's only $1.25 for a healthy start to your day! *Free and Reduced are both free this year! *Check out our menu!	We have Chef's Salads made fresh daily! There is a choice of Ham or Chicken and they come with cheese, croutons, fruit choices, and milk. And a choice of Ranch or Italian dressing!	REMINDER! Last years' meal status' are expiring! Please be sure to fill out a new application for this school year!	**Crispy Chicken Sandwich 30 w/ lettuce & tomato** Potato Wedges 17 Mini Carrots & Dip 8 Fresh Orange Slices 21 Fresh Fruit Choice 18-22	**Beef & Cheese Haystack 21 w/salsa, lettuce & tomato** Cheesy Refried Beans 17 Mini Carrots & Dip 8 Fruit Sorbet 18-19 Fresh Fruit Choice 18-22 Cinnamon Churro 17
Oct. 5	Oct 6	Oct 7	Oct 8	Oct 9
French Toast Sticks 26 w/ syrup 31 Sausage Patties 0 Baked Tater Tots 17 Mini Carrots & Dip 8 Orange Juice Cup 13 Fresh Fruit Choice 18-22	**Hamburger 28 or Cheeseburger 30 w/ lettuce & tomato** Waffle Fries 17 Mini Carrots & Dip 8 Rosy Applesauce 16 Fresh Fruit Choice 18-22	**Pepperoni Calzone 35** Seasoned Carrots 6 Mini Carrots & Dip 8 Sidekick Icee 18 Fresh Fruit Choice 18-22	**Baked Chicken Nuggets 16 w/ dipping sauce** Mashed Potatoes17 w/ gravy7 Mini Carrots & Dip 8 Dinner Roll 15 Tropical Fruit 19 Fresh Fruit Choice 18-22	**Mini Corn Dogs 23** Baked Beans 36 Mini Carrots & Dip 8 Diced pears w/cherries 22 Fresh Fruit Choice 18-22
Oct 12	Oct 13	Oct. 15	Oct. 16	Oct. 17
Baked Chicken Tenders 16 Seasoned Noodles 31 Green Beans 6 Mini Carrots & Dip 8 Diced Pineapple 15 Fresh Fruit Choice 18-22	**Cheesy Pizza Sticks 30 w/ Dipping Sauce 5** Seasoned Corn 16 Mini Carrots & Dip 8 Warm Cinnamon Apples 47 Fresh Fruit Choice 18-22	 **FAIRFIELD COUNTY FAIR DAYS** **NO SCHOOL** Good Luck FFA & 4-H Exhibitors		
Oct. 19	Oct. 20	Oct. 21	Oct. 22	Oct. 23
Boneless Chicken Wings 15 w/ dipping sauce Cheesy Mashed Potatoes 18 Mini Carrots & Dip 8 Diced Peaches 19 Fresh Fruit Choice 18-22	**Mini Corn Dogs 23** Baked Beans 36 Mini Carrots & Dip 8 Fruit Cocktail 14 Fresh Fruit Choice 18-22	**Personal Pan Pizza 33** Seasoned Corn 16 Mini Carrots & Dip 8 Strawberry/Kiwi Sorbet 19 Fresh Fruit Choice 18-22	**Grilled Cheese Sandwich 31** Tomato Soup 30 w/ Crackers 7 Mini Carrots & Dip 8 Fresh Apple Slices 7 Fresh Fruit Choice 18-22	**Spaghetti & Meat Sauce 28** Warm Bread Stick 17 Fresh Italian Salad 7 Mini Carrots & Dip 8 Applesauce Cup 15 Fresh Fruit Choice 18-22
Oct. 26	Oct. 27 Taco Tuesday!	Oct. 28	Oct. 29	Oct. 30 Trick-Or-Treat!!
Breaded Mozzarella Sticks 33 w/ dipping sauce Mixed vegetables 9 Mini Carrots & Dip 8 Mandarin Oranges 20 Fresh Fruit Choice 18-22	**Beef Soft Taco 24 w/ lettuce & tomato** Cheesy Refried Beans 17 Mini Carrots & Dip 8 Cinnamon Applesauce cup 15 Fresh Fruit Choice 18-22 Halloween Soft Pretzel 31	**Big Daddy's Pepperoni Pizza 23** Seasoned Green Beans 6 Mini Carrots & Dip 8 Fruit Juice Box 15 Fresh Fruit Choice 18-22	**BBQ Rib Sandwich 42** Crispy Tater Tots 17 Mini Carrots & Dip 8 Diced Pineapple 15 Fresh Fruit Choice 18-22	**Spooky Chicken Nuggets 16 w/ dipping sauce** Mashed Potatoes 17 w/ gravy 7 Mini Carrots & Dip 8 Dinner Roll 15 Creepy Orange Icee 23 Fresh Fruit Choice 18-22

Student Paid Lunch $2.90 Student Reduced Lunch is FREE this year! Adult Lunch $3.90

Fresh Fruits:
Apple-red-19, Apple-gold-22
Orange-20,
Banana-18
Juice Cup:
Apple-13
Orange-13
Grape-19

BBQ Packet- 5,
Honey Mustard- 6
Sweet & Sour- 11,
Ketchup- 3
Mustard & Mayo- 0

Reminder: Please be aware of your child's meal account and keep it updated. We limit meal charging and we can no longer offer free meals to all students, so please fill out an application to see if you qualify for free or reduced meals at school.

Trix Bar-30, Cinn Tst Crnch Bar-30, Cocoa Puff Bar-30, PopTart-37, String Cheese-1, Bagel-29, Super Bun-31, Yogurt Cup-20, Goldfish Graham-19, Trix bowl-24, Cinn Tst Crnch bowl-22, Golden Grahams bowl-24, Cocoa Puffs bowl- 25, Lucky Charms bowl- 23, Apple Jacks bowl- 22, Blueberry Mini Waffles-38, Choc Chip Mini French Toast-36, Cinnamon French Toast-37, Mini Pancakes EGGO- 35, Mini Pancakes PILLS- 40, Cinni Mini-40,
All breakfast meals come with fresh fruit & juice choices
Breakfast Prices: Regular student is $1.25, Reduced is free this year, Adult breakfast is $1.60
Chocolate Milk- 24 White Milk- 13

To Contact Food Services, please call: April Steckman 740-756-9755 or email at: April.steckman@bloomcarroll.org
This institution is an equal opportunity provider, employer, and lender