



Congratulations
Seniors 2021!

Bloom-Carroll Intermediate School Lunch Menu

May 2021



Monday	Tuesday	Wednesday	Thursday	Friday
1% White or Fat Free Chocolate Milk is included with all lunches				
May 3 Deli Sub w/ lettuce & tomato Crispy Tater Tots Mini Carrots & dip Fruit Cup Fresh Fruit Choice Orange Sherbet	May 4 Boneless Chicken Wings Cheesy Mashed Potatoes Mini Carrots & dip Diced Peaches Fresh Fruit Choice	May 5 Cheesy Pizza Sticks w/ dipping sauce Mixed Vegetables Mini Carrots & dip Rosy Applesauce Fresh Fruit Choice Cinco de Mayo Cookies	May 6 Chicken Soft Taco w/ lettuce & tomato Cheesy Refried Beans Mini Carrots & dip Fruit Juice Box Fresh Fruit Choice	May 7 Macaroni & Cheese Steamed Peas Mini Carrots & dip Cherry Blue Raspberry Sorbet Fresh Fruit Choice
May 10 Baked Chicken Tenders Seasoned Noodles Green Beans Mini Carrots & dip Fresh Apple Slices Fresh Fruit Choice	May 11 Mini Corn Dogs Baked Beans Mini Carrots & dip Mandarin Oranges Fresh Fruit Choice	May 12 Pepperoni Stuffed Crust Pizza Seasoned Carrots Mini Carrots & dip Diced Pears w/ Cherries Fresh Fruit Choice	May 13 Spaghetti & Meat Sauce w/ Texas Toast Fresh Italian Salad Mini Carrots & dip Lemon/Berry Sorbet Fresh Fruit Choice	May 14 AG Day! Pancakes w/ syrup Scrambled Eggs Crispy Cube Potatoes Mini Carrots & dip Apple Juice Cup Fresh Fruit Choice
May 17 Baked Chicken Nuggets w/ dipping sauce Mashed Potatoes w/ gravy Mini Carrots & dip Dinner Roll Diced Peaches Fresh Fruit Choice	May 18 Hamburger or Cheeseburger w/ lettuce, pickles & tomato Baked French Fries Mini Carrots & dip Rosy Applesauce Fresh Fruit Choice	May 19 Pepperoni Calzone Mixed Vegetables Mini Carrots & dip Orange/Pineapple/Cherry Sorbet Fresh Fruit Choice	May 20 Mandarin Orange Chicken w/ Rice Cheesy Broccoli Mini Carrots & dip Mandarin Oranges Fresh Fruit Choice	May 21 Beef & Cheese Haystacks w/ lettuce & tomato Cheesy Refried Beans Mini Carrots & dip Tropical Fruit Cup Fresh Fruit Choice Garden Salsa Sun Chips
May 24 Chicken Patty Sandwich w/ lettuce & tomato Potato Wedges Mini Carrots & dip Mixed Fruit Fresh Fruit Choice	May 25 Cook's Choice	May 26 Cook's Choice of: Pizza Vegetables Fruit	May 27 LAST DAY OF SCHOOL Cook's Choice	May 28 Teacher's Workday



*Where do sheep go on vacation?

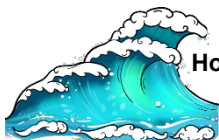
The Baaa-hamas!

*What is brown, hairy and wears sunglasses?

A coconut on vacation!

A healthy breakfast will help you concentrate in school. Remember to have breakfast every day in the school cafeteria! It's free!

HAVE A SAFE AND HEALTHY SUMMER!



How do we know that the ocean is friendly?
It waves!



Student Paid Lunch ~~\$2.99~~ FREE!

Student Reduced Lunch \$~~.40~~ FREE!

Adult Lunch \$3.70

Optional Lunches offered daily:

***Sack Lunch-** PB&J Sandwich, Vegetable & fruit choice

***Chef's Salad-** Choice of Ham or Chicken w/ cheese, bread or croutons, and fruit choice

*We use only whole grain breads in our meals

*Fresh fruits & vegetables are available daily

*Make healthy food choices over the summer.

*Balance your calories with your activities

*Plant a garden and try new vegetables

*Focus on eating more fruits and vegetables

*Eat fresh fruits for snacks instead of chips

*Blend low-fat yogurt with fruit pieces and crushed ice for a fruit smoothie



Breakfast Menu

Monday: Cereal choice, cheese snack, fresh fruit or juice

Tuesday: Super bun or yogurt cup & Goldfish Graham, fresh fruit or juice

Wednesday: Mini pancakes, fresh fruit or juice

Thursday: WG Poptart & Goldfish Graham, or Bagel w/ cream cheese, fresh fruit or juice

Friday: Cinni Mini, Waffles, or French Toast, fresh fruit or juice

DAILY: Smuckers PB&J Uncrustable **All items can also be purchased a la carte.**

1% White or Fat Free Chocolate Milk is served daily with breakfast and lunch

Breakfast is FREE for all students through the end of the school year! Teacher breakfast is \$1.60

