













# Bloom-Carroll Middle School Lunch Menu

## January 2023



Monday	Tuesday	Wednesday	Thursday	Friday
1% White or Fat Free Chocolate Milk is included with all lunches				
<b>January 2</b> No School 	<b>January 3</b> <b>Baked Chicken Nuggets w/ dipping sauce</b> Mashed Potatoes w/ gravy Mini Carrots & Dip Dinner Roll Fruit Cocktail Fresh Fruit Choice	<b>January 4</b> <b>Pepperoni Bosco Sticks</b> Seasoned Corn Mini Carrots & Dip Diced Peaches Fresh Fruit Choice	<b>January 5</b> <b>Buffalo Chicken Wrap</b> Seasoned Green Beans Mini Carrots & Dip Applesauce Cup Fresh Fruit Choice Mini Pretzels	<b>January 6</b> <b>Cheesy Pizza Sticks w/ dipping sauce</b> Mixed Vegetables Mini Carrots & Dip Mandarin Oranges Fresh Fruit Choice
<b>January 9</b> <b>Hamburger or Cheeseburger w/ lettuce, pickles &amp; tomato</b> Baked French Fries Mini Carrots & Dip Sidekick Icee Fresh Fruit 	<b>January 10</b> <b>Baked Potato w/ cheese, bacon, sour cream</b> Chili Soup w/ crackers Mini Carrots & Dip Fruit Juice Box Fresh Fruit Choice Corn Bread	<b>January 11</b> <b>Pepperoni Calzone</b> Seasoned Carrots Mini Carrots & Dip Diced Pineapple Fresh Fruit Choice 	<b>January 12</b> <b>Pancakes w/ syrup</b> Sausage Links Baked Tater Tots Mini Carrots & Dip Orange Juice Cup Fresh Fruit Choice	<b>January 13</b> No School! Teacher Work Day 
<b>January 16</b> No School! Martin Luther King, Jr. Day 	<b>January 17</b> <b>Mini Corn Dogs</b> Baked Beans Mini Carrots & Dip Chilled Pineapple Fresh Fruit Choice 	<b>January 18</b> <b>Pepperoni French Bread Pizza</b> Cheesy Broccoli Mini Carrots & Dip Diced Pears w/ Cherries Fresh Fruit Choice	<b>January 20</b> <b>Chicken &amp; Noodles</b> Mashed Potatoes & gravy Mini Carrots & Dip Mixed Fruit Cup Fresh Fruit Choice Dinner Roll	<b>January 21</b> <b>Homemade Grilled Cheese Sandwich</b> Tomato Soup w/ crackers Mini Carrots & Dip Fresh Apple Slices Fresh Fruit Choice 
<b>January 23</b> <b>Chicken Patty Sandwich w/ lettuce &amp; tomato</b> Baked Potato Starz Mini Carrots & Dip Mandarin Oranges Fresh Fruit Choice 	<b>January 24</b> <b>Meatball Sub w/ Cheese</b> Baked Potato Wedges Mini Carrots & Dip Diced Peaches Fresh Fruit Choice 	<b>January 25</b> <b>Pepperoni Stuffed Crust Pizza</b> Mixed Vegetables Mini Carrots & Dip Raspberry/Orange Sorbet Fresh Fruit Choice	<b>January 26</b> <b>Fresh Baked Macaroni &amp; Cheese</b> Steamed Peas Mini Carrots & Dip Rosy Applesauce Fresh Fruit Choice 	<b>January 27</b> <b>Beef Soft Taco w/ lettuce &amp; tomato</b> Cheesy Refried Beans Mini Carrots & Dip Strawberries Fresh Fruit Choice Graham Cracker
<b>January 30</b> <b>Boneless Wings w/ dipping sauce</b> Cheesy Mashed Potatoes Mini Carrots & Dip Fruit Sorbet Fresh Fruit Choice Dinner Roll	<b>January 31</b> <b>Spaghetti &amp; Meat Sauce w/ Bread Stick</b> Fresh Italian Salad Mini Carrots & Dip Tropical Fruit Cup Fresh Fruit Choice 	<b>Payschoolscentral.com</b> *You can prepay for your child's meals online! Just go to <a href="https://payschoolscentral.com">payschoolscentral.com</a> and sign up to add money to your child's meal account. You can also apply for free or reduced meals on the same website!		<b>See if you qualify!</b> Please remember that you can fill out an application for free and reduced meals online. Just go to our website and you will find the link to apply. Contact us if you have any questions.

Student Paid Lunch \$2.90

Student Reduced Lunch \$.40

Adult Lunch \$3.90

### Optional Lunches offered daily:

- \***Pizza Lunch**- Pepperoni Pizza w/ vegetable and fruit choice.
- \***Chef's Salad**- Choice of Ham, Pepperoni, or Chicken w/ cheese, bread or croutons, and fruit choice
- \***Sack Lunch**- PB&J Sandwich, w/ vegetable and fruit choice.
- \*We use only whole grain breads in our meals
- \*Fresh fruits & vegetables are available daily



### Daily Breakfast Choices:

Cereal Bar Choice, WG Poptart, String Cheese, Yogurt Cup, Goldfish Graham, PB&J Uncrustable, Yogurt Parfait, Ultra Cinnamon Bun, Mini Cinni, Mini pancakes, or Bagel w/ cream cheese. All breakfast meals come with fresh fruit & juice choices. **All items can also be purchased a la carte.**  
**Breakfast Prices:** Regular \$1.25- Adult \$1.60- Reduced \$.30 Free also applies  
 \*\*\*1% White or Fat Free Chocolate Milk is served daily with breakfast and lunch\*\*\*

**Breakfast is available in all schools Every day!**

