








Bloom-Carroll Middle School Lunch Menu

January 2022



Monday	Tuesday	Wednesday	Thursday	Friday
1% White or Fat Free Chocolate Milk is included with all lunches				
January 3 Hamburger or Cheeseburger w/ lettuce, pickles & tomato Baked French Fries Mini Carrots & Dip Sidekick Icee Fresh Fruit Choice	January 4 Boneless Wings w/ dipping sauce Cheesy Mashed Potatoes Mini Carrots & Dip Fruit Cocktail Fresh Fruit Choice Dinner Roll	January 5 Personal Pizza Seasoned Corn Mini Carrots & Dip Applesauce Cup Fresh Fruit Choice	January 6 Pancakes Sausage Patty Baked Tater Tots Mini Carrots & Dip Orange Juice Cup Fresh Fruit Choice	January 7 Baked Lasagna w/ Bread Stick Fresh Tossed Salad Mini Carrots & Dip Diced Pear Cup Fresh Fruit Choice
January 10 Mandarin Orange Chicken w/ Rice Cheesy Broccoli Mini Carrots & Dip Chilled Pineapple Fresh Fruit Choice	January 11 Mini Corn Dogs Baked Beans Mini Carrots & Dip Diced Peaches Fresh Fruit Choice	January 12 Pepperoni Pizza Sticks Seasoned Green Beans Mini Carrots & Dip Diced Pears w/ Cherries Fresh Fruit Choice	January 13 Fresh Baked Macaroni & Cheese Steamed Peas Mini Carrots & Dip Rosy Applesauce Fresh Fruit Choice	January 14 No School! Teacher Workday 
January 17 No School! Martin Luther King Jr. Day 	January 18 Baked Potato w/cheese, bacon, sour cream Chili Soup w/ Crackers Mini Carrots & Dip Fruit Juice Box Fresh Fruit Choice	January 19 Stuffed Crust Pizza Seasoned Carrots Mini Carrots & Dip Mandarin Oranges Fresh Fruit Choice	January 20 Chicken Parmesan w/ Pasta Fresh Italian Salad Mini Carrots & Dip Fruit Cocktail Fresh Fruit Choice	January 21 Beef & Cheese Haystacks w/ lettuce & tomato Cheesy Refried Beans Strawberries Fresh Fruit Choice Graham Cracker
January 24 Crispy Popcorn Chicken w/ dipping sauce Cheesy Mashed Potatoes Mini Carrots & Dip Dinner Roll Applesauce Cup Fresh Fruit Choice	January 25 Hamburger or Cheeseburger w/ lettuce, pickles & tomato Baked French Fries Mini Carrots & Dip Sidekick Icee Fresh Fruit Choice	January 26 Pizza Mixed Veggies Mini Carrots & Dip Diced Peaches Fresh Fruit Choice	January 27 Homemade Chicken and Noodles Seasoned Green Beans Mini Carrots & Dip Chilled Pineapple Dinner Roll Fresh Fruit Choice	January 28 Hot Dog on bun Baked Beans Mini Carrots & Dip Fruit Juice Box Fresh Fruit Choice
January 31 Grilled Cheese Sandwich Tomato Soup w/ crackers Mini Carrots & Dip Fresh Apple Slices Fresh Fruit Choice	Eat healthy this winter! *Soup is good for you and will help you get through the winter comfortably. *Milk products are packed with vitamin B12 and A, proteins, and calcium, which boosts your health. *Eat plenty of vegetables packed with vitamin C to enhance your immune system	Build a Snowman! 	Make Snow Angels! 	Have a Snowball Fight! 

*All student breakfasts and lunches are free!

Adult Lunch \$3.70

Optional Lunches offered daily:

- ***Pizza Lunch-** Pepperoni Pizza w/ vegetable and fruit choice
- ***Sack Lunch-** PB&J Sandwich w/ vegetable and fruit choice
- ***Chef's Salad-** Choice of Ham, Pepperoni, or Chicken w/ cheese, bread or croutons, and fruit choice
- *We use only whole grain breads in our meals
- *Fresh fruits & vegetables are available daily



Daily Breakfast Choices:

Cereal bar/bowl choice, poptart, string cheese, yogurt cup, goldfish Graham, PB&J Uncrustable, ultra cinnamon bun, mini cinni, mini pancakes or PB&J Uncrustable (when available)
 All breakfast meals come with fresh fruit & juice choices
All items can also be purchased a la carte.
DAILY: P B & J Uncrustable
Breakfast is free for all students! Adult breakfast is 1.60

1% White or Fat Free Chocolate Milk is served daily with breakfast and lunch

Breakfast is available in all schools every day!

