






Bloom-Carroll Carb Count Menu

February 2019




Tuesday Wednesday Thursday Friday

1% White or Fat Free Chocolate Milk is included with all lunches

<p>Knock Knock Who's there? Al Al who? Al be your Valentine if you'll be mine.</p>	<p>Be Mine</p> 	<p>Q: What's the best part about Valentine's Day? A: The next day when all the chocolate goes on sale!</p>		<p>Feb. 1 Honey BBQ Rib on Bun 42 Baked Beans 36 Mini Carrots & dip 5 Diced Pineapple 11 Fresh Fruit Choice 18-22</p> <p><small>*Feb 2- Tomorrow is Groundhog Day!</small></p> 
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<p>Feb. 4 Baked Chicken Nuggets 16.25 w/ dipping sauce Mashed Potatoes 17 & gravy 7 Mini Carrots & dip 5 Fruit Cocktail 18 Fresh Fruit Choice 18-22 Dinner Roll 15</p>	<p>Feb. 5 Hamburger 28 or Cheeseburger 30 w/ lettuce .5, pickles 0 & tomato 1 Baked Potato Wedges 17 Mini Carrots & dip 5 Sidekick Icee 22 Fresh Fruit Choice 18-22</p>	<p>Feb. 6 Pepperoni French Bread Pizza 34 Seasoned Carrots 6 Mini Carrots & dip 5 Diced Peach Cup 18 Fresh Fruit Choice 18-22</p>	<p>Feb. 7 Pancakes 35 w/ syrup 31 Sausage Patty 0 Baked Tater Tots 17 Mini Carrots & dip 5 Orange Juice Cup 13 Fresh Fruit Choice 18-22</p>	<p>Feb. 8 Beef & Cheese Haystacks 21 w/ lettuce .5, tomato 1 Cheesy Refried Beans 17 Mini Carrots & dip 5 Raspberry/Orange Sorbet 20 Fresh Fruit Choice 18-22</p>
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<p>Feb. 11 Crispy Chicken Tenders 16 Seasoned Noodles 31 Green Beans 6 Mini Carrots & dip 5 Cinnamon Applesauce Cup 16 Fresh Fruit Choice 18-22</p>	<p>Feb. 12 Toasty Grilled Cheese Sandwich 31 Tomato Soup 30 w/ crackers 7 Mini Carrots & dip 5 Fresh Apple Slices 7 Fresh Fruit Choice 18-22</p>	<p>Feb. 13 Personal Pan Pizza 39 Mixed Vegetables 9 Mini Carrots & dip 5 Diced Pears w/ Cherries 22 Fresh Fruit Choice 18-22</p>	<p>Feb. 14 <i>Happy Valentine's Day</i> Boneless Wings 17 w/ dipping sauce Cheesy Mashed Potatoes 20 Mini Carrots & dip 5 Sweetheart Icee 20 Fresh Fruit Choice 18-22</p>	<p>Feb. 15 No School Teacher's work day</p>
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<p>Feb. 18 President's Day No School</p> 	<p>Feb. 19 Chicken Patty Sandwich 30 w/ lettuce .5 & tomato 1 Waffle Fries 19 Seasoned Black Beans 20 Mixed Fruit 18 Fresh Fruit Choice 18-22</p>	<p>Feb. 20 Pepperoni Bosco Stick 32 Cheesy Broccoli 11 Mini Carrots & dip 5 Diced Pineapple 11 Fresh Fruit Choice 18-22</p>	<p>Feb. 21 Spaghetti & Meatballs 26 w/ Texas Toast 14 Fresh Italian Salad 7 Mini Carrots & dip 5 Strawberry Cup 22 Fresh Fruit Choice 18-22</p>	<p>Feb. 22 Cheesy Pizza Sticks 30 w/ dipping sauce 5 Mini Carrots & dip 5 Warm Cinnamon Apples 47 Fresh Fruit Choice 18-22</p>
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<p>Feb. 25 Hamburger 28 or Cheeseburger 30 w/ lettuce .5, pickles 0 & tomato 1 Baked French Fries 15 Mini Carrots & dip 5 Tropical Fruit 20 Fresh Fruit Choice 18-22</p>	<p>Feb. 26 Mini Corn Dogs 23 Baked Beans 36 Mini Carrots & dip 5 Mandarin Oranges 20 Fresh Fruit Choice 18-22</p>	<p>Feb. 27 Pepperoni Stuffed Crust Pizza 35 Mixed Vegetables 9 Mini Carrots & dip 5 Diced Peaches 17 Fresh Fruit Choice 18-22</p>	<p>Feb. 28 Baked Chicken Nuggets 16.25 w/ dipping sauce Mashed Potatoes 17 w/ gravy 7 Mini Carrots & dip 5 Dinner Roll 15 Strawberry/Mango Icee 22 Fresh Fruit Choice 18-22</p>	<p>Q. Why do Valentines have hearts on them? A. Because brains would be pretty gross!</p>
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Student Paid Lunch \$2.90 Student Reduced Lunch \$.40 Adult Lunch \$3.70

If you have questions about an item we offer, please contact:
Marilyn Enyart
Food Service Supervisor
menyart@bloomcarroll.org
614-834-6751



*We use only whole grain breads in our meals
*Fresh Fruits & vegetables are available daily
*1% White or Fat Free Chocolate Milk is served daily with breakfast and lunch***

- Apple-red-19, Apple-gold-22
- Orange-21, Banana-18
- Juice Cup:
- Apple-13
- Orange-13
- Grape-19
- BBQ Packet- 5, Honey Mustard- 6
- Sweet & Sour- 11, Ketchup Pkt- 3
- Mustard & Mayo- 0
- Chocolate Milk- 24
- Vanilla Milk- 27
- White Milk- 13

Daily Breakfast Choices:
Trix Bar-30, Cinn Tst Crnch Bar-30, Cocoa Puff Bar-30, PopTart-37, String Cheese-1, Bagel-29, Super Bun-31, Yogurt Cup-20, Goldfish Graham-19, Trix bowl-24, Cinn Tst Crnch bowl-22, Golden Grahams bowl-24, Cocoa Puffs bowl- 25, Lucky Charms bowl- 23, Apple Jacks bowl- 22, Blueberry Mini Waffles-38, Choc Chip Mini French Toast-36, Cinnamon French Toast-37, Mini Pancakes EGGO- 35, Mini Pancakes PILLS- 40, Cinni Mini-40, **Breakfast Prices: Regular \$1.25 Adult \$1.60 Reduce \$.30**
Students may purchase a full breakfast or a la carte items.
Breakfast is available in all schools Every day!

